

HERCULES WIMBLEDON A.C.
YOUNG ATHLETES' OPEN MEETING
CRYSTAL PALACE
SUNDAY APRIL 7th 2013 – 1ST EVENTS 1100 HOURS
UNDER UKA RULES

TIMETABLE

Track Events

Field Events

1100	T 1	U13 Girls	1500m	1100	F 1	U15 Girls	High Jump
	T 2	U13 Boys	1500m		F 2	U13 Girls	Shot
	T 3	U15 Girls	1500m		F 3	U15 Girls	Shot
	T 4	U15 Boys	1500m		F 4	U15 Boys	Long Jump
	T 5	U17 Women	1500m	1145	F 5	U17 Men	Discus
	T 6	U17 Men	1500m		F 6	U20 Men	Discus
1215	T 7	U13 Girls	100m	1215	F 7	U17 Men	High Jump
	T 8	U13 Boys	100m		F 8	U20 Men	High Jump
	T 9	U15 Girls	100m		F 9	U17 Women	Long Jump
	T10	U15 Boys	100m		F10	U20 Women	Long Jump
	T11	U17 Women	100m	1230	F11	U17 Women	Shot
	T12	U17 Men	100m		F12	U20 Women	Shot
	T13	U20 Women	100m		F13	U15 Boys	Discus
	T14	U20 Men	100m		F14	U15 Girls	Discus
1400	T15	U20 Women	Dave Clarke Mile	1315	F15	U13 Girls	Long Jump
1410	T16	U20 Men	Dave Clarke Mile	1345	F16	U17 Women	Discus
1420	T17	U13 Girls	800m		F17	U20 Women	Discus
	T18	U13 Boys	800m	1400	F18	U17 Women	High Jump
	T19	U15 Girls	800m		F19	U20 Women	High Jump
	T20	U15 Boys	800m	1430	F20	U13 Boys	Shot
	T21	U17 Women	800m		F21	U15 Boys	Shot
	T22	U17 Men	800m		F22	U17 Men	Long Jump
	T23	U20 Women	800m		F23	U20 Men	Long Jump
	T24	U20 Men	800m	1445	F24	U17 Men	Javelin
1540	T25	U11 Girls	600m		F25	U20 Men	Javelin
1555	T26	U11 Boys	1000m	1500	F26	U15 Girls	Long Jump
1615	T27	U13 Girls	200m	1530	F27	U17 Women	Javelin
	T28	U13 Boys	200m		F28	U20 Women	Javelin
	T29	U15 Girls	200m	1600	F29	U15 Boys	High Jump
	T30	U15 Boys	200m		F30	U13 Boys	Long Jump
	T31	U17 Women	200m	1615	F31	U17 Men	Shot
	T32	U17 Men	200m		F32	U20 Men	Shot
	T33	U20 Women	200m		F33	U15 Boys	Javelin
	T34	U20 Men	200m		F34	U15 Girls	Javelin

* 4 Trials per competitor in Field Events except for the High Jump

* Starting Blocks may only be used in Under 17 and Under 20 events

* All competitors to report to their event at least 10 minutes before it starts

* PLEASE LISTEN OUT FOR ANNOUNCEMENTS RELATING TO YOUR EVENT