

THE 44th WIMBLEDON 10 MILE ROAD RACE

(Under UK Athletics rules)



Sunday October 3rd 2004 11 a.m.

Wimbledon Park Arena, SW19

Prizes: Men – First three finishers and leading Veterans

Women: First three finishers and leading Veterans

Medals to all finishers

**Officially measured and certified course – Refreshments –
Changing facilities with showers – Finish on track alongside
covered grandstand – Computerised results service**

Entry fees: £7.00 (Attached) £8.00 (Unattached). Entries on the day all at £10.00

Cheques/Postal orders payable to Hercules Wimbledon AC - Closing date 29/9/04

Entries to Tom Pollak, 71 Burntwood Grange Road, London, SW19 3JY

Telephone 020 8870 1196 – e-mail: pollak@btinternet.com

www.herculeswimbledonac.org.uk

Surname _____ First name _____

M/F _____ Date of birth _____ Age on day of race _____

Club (or unattached) _____

Address _____

Tel. No _____ e-mail: _____

I certify that I am fit enough to participate in this event and agree that the organisers will in no way be responsible for any injury, loss or illness suffered as a consequence of participating in the event nor for any loss or damage to my belongings.

Signed Date

√ **Don't forget stamped addressed envelope for race details**