

**HERCULES WIMBLEDON AC YOUNG ATHLETES' OPEN MEETING**

**WIMBLEDON PARK STADIUM**

**SUNDAY APRIL 8<sup>th</sup> 2018 – 1ST EVENTS 11am**

**UNDER UKA RULES**

**TIMETABLE**

**Track Events**

**Field Events**

<b>1100</b>	T 1	U17 Women	1500m	<b>1100</b>	F 1	U13 Boys	Long Jump
	T 2	U17 Men	1500m		F 2	U15 Boys	Long Jump
	T 3	U13 Girls	1500m		F 3	U13 Girls	Shot
	T 4	U13 Boys	1500m		F 4	U15 Girls	Shot
	T 5	U15 Girls	1500m		F 5	U13 Boys	Shot
	T 6	U15 Boys	1500m		F 6	U15 Boys	Shot
<b>1200</b>	T 7	U13 Girls	100m	<b>1200</b>	F 7	U17 Women	Long Jump
	T 8	U13 Boys	100m		F 8	U20 Women	Long Jump
	T 9	U15 Girls	100m		F 9	U17 Women	High Jump
	T10	U15 Boys	100m		F10	U20 Women	High Jump
<b>1220</b>		Senior Invitation	100m		F11	U17 Men	High Jump
<b>1230</b>	T11	U17 Women	800m		F12	U20 Men	High Jump
	T12	U17 Men	800m		F13	U15 Girls	Discus
	T13	U20 Women	800m		F14	U15 Boys	Discus
	T14	U20 Men	800m				
<b>1300</b>	T15	U11 Girls	600m	<b>1300</b>	F15	U13 Girls	Long Jump
<b>1315</b>	T16	U11 Boys	1000m		F16	U17 Women	Discus
<b>1330</b>		Senior Invitation	200m		F17	U20 Women	Discus
<b>1335</b>	T17	U13 Girls	800m		F18	U17 Men	Discus
	T18	U13 Boys	800m		F19	U20 Men	Discus
	T19	U15 Girls	800m				
	T20	U15 Boys	800m				
<b>1410</b>	T21	U17 Women	100m				
	T22	U17 Men	100m	<b>1415</b>	F20	U15 Girls	High Jump
	T23	U20 Women	100m		F21	U15 Boys	High Jump
	T24	U20 Men	100m		F22	U15 Girls	Javelin
<b>1425</b>	T25	U15 Girls	300m		F23	U15 Boys	Javelin
	T26	U15 Boys	300m				
	T27	U17 Women	400m				
	T28	U17 Men	400m				
	T29	U20 Women	400m				
	T30	U20 Men	400m				
<b>1445</b>		Senior Invitation	400m				
<b>1500</b>	T31	U20 Women	Dave Clarke Mile				
<b>1515</b>	T32	U20 Men	Dave Clarke Mile	<b>1515</b>	F24	U15 Girls	Long Jump
<b>1530</b>	T33	U17 Women	200m		F25	U17 Women	Shot
	T34	U17 Men	200m		F26	U20 Women	Shot
	T35	U20 Women	200m		F27	U17 Men	Shot
	T36	U20 Men	200m		F28	U20 Men	Shot
	T37	U13 Girls	200m				
	T38	U13 Boys	200m				
	T39	U15 Girls	200m	<b>1615</b>	F29	U17 Men	Long Jump
	T40	U15 Boys	200m		F30	U20 Men	Long Jump
<b>1615</b>		Invitation	4 x100m Relays		F31	U17 Women	Javelin
			U17/U20/Senior		F32	U20 Women	Javelin
					F33	U17 Men	Javelin
					F34	U20 Men	Javelin

**\* 4 Trials per competitor in Field Events except for the High Jump**

**\* Starting Blocks may only be used by Under 17s and above**

**\* Please report to your event at least 10 minutes before it starts. Should your chosen track and field events co-incide, report to your field event first and inform the official, before going to your track event.**

**\* PLEASE LISTEN OUT FOR ANNOUNCEMENTS RELATING TO YOUR EVENT**