

HW results October 2011

October 1: Self Transcendence 10km, Battersea Park

1 Kevin Quinn (Aldershot F&D) 31:27. **HW:** 18 Frank Wood 39:00 (12th HW M45 all-time) (146 finishers)

October 1: Kingston & Polytechnic Inter Club 5 miles, Richmond Park

1 Matthew Jones (Thames H&H) 27:26. **HW:** 11 Dan Pescod (2C) 32:54; 22 Rowena Hornshaw (1st W) 46:43 (27 finishers)

October 1: McNeese Cowboy Stampede, 4 miles, Louisiana, USA

1 David Rooney (USA) 18:28. **HW:** 3 Alex Bruce-Littlewood 19:20 (61 finishers)

Note: Alex was first home for the winning McNeese University team



Alex in action at the Cowboy Stampede

October 1: 75th Cowboy Jamboree, 8km College Race, Stillwater, Oklahoma, USA

1 Hillary Kirwa (USA) 25:00.93. **HW:** 14 Jonathan Burgess 26:11 15 (218 finishers)

You can view Jonathan's race, at the longest running XC series in USA, here:

October 1: parkrun 5km, Roundshaw Downs, Croydon, Surrey

1 Vic Maughn (Herne Hill H) 17:16. **HW:** 12 Martin O'Halloran 22:10 (95 finishers)

October 1: parkrun 5km, Wimbledon Common

1 Graham Brook (Stragglers) 17:02; 2 Phil Glynn (HW) 17:09. **Other HW:** 13 Peter Collins 18:56; 25 Charles Hampden-Smith 19:40 (11th HW M50 all-time); 28 Jeremy Purnell 20:08; 30 Zoe Shannon (1st W) (2C) 20:11; 71 Alison Purnell 22:36; 73 Charles Lawrie 22:44; 96 Thomas Willis 24:03; 105 Claire Morgan (2C) 24:27; 118 Claire Rogers 25:13; 122 Caroline Glynn 25:31; 190 Sophie Toomey 30:45 (220 finishers)

October 2: Geoff Moulden 10km, Wimbledon Park

1 Paskar Owor (Belgrave H) 33:42. **HW:** 4 Rory McMahon 36:12; 6 David Grima 38:19; 7 Sean Crummy 38:49; 10 Andrew Davies (2C) 39:29; 12 Claire Grima (2nd W) 39:52; 13 Peter Collins 42:15; 19 Mark Livingstone 44:34; 20 Anna Garnier (2C) 44:40; 24 Dave Betts 45:53 (10th HW M60 all-time); 25 Hannah Fernando 46:09; 27 Charles Lawrie 47:07 (11th HW M60 all-time); 28 Maurice Sharp 47:38; 30 Monika Crouse 47:48; 34 Craig Howard 53:50; 35 Dennis Williams 54:42 (43 finishers)



Some Geoff Moulden 10km action from Ray raymondodonoghue@btinternet.com

October 2: Audi Wimbledon 10km, West Wimbledon

1 Jamie McCullagh (Kingston & Poly) 36:41. **HW:** 18 Tom Cheetham 42:14 (380 finishers)

October 2: Mornington Chasers 10km, Regents Park, London

1 Richard Scott (Highgate H) 33:49. **HW:** 51 Tom Morris 41:59 (210 finishers)

October 2: Sprint Triathlon, Stratford-on-Avon, Warks

Swim 400m – Bike 23km – Run 5km

Women

1 Sarah Burling 70:45 (6:02 – 41:43 – 23:00). **HW:** 4 Stephanie Robson 74:51 (8:07 - 44:45 – 21 -59)
(155 finishers)

October 4: Crystal Palace Canter, approx 3 miles, SE19

1 Ola Balme (Dulwich Runners) 19:22. **HW:** 4 Stuart Littlewood 21:38; 11 Dennis Williams 23:16 (14 finishers)

October 8: Surrey Ladies League, Division 1, Match 1, Lightwater Park, Woking

1 Fiona Clark (Reigate Priory) 23:06. **HW:** 5 Claire Grima 24:03; 16 Amy Aronson 25:34; 18 Jordan Folk 25:42; 21 Steph Robson 25:58; 41 Hannah Fernando 27:11; 57 Debbie Noel 28:00; 92 Monika Crouse 29:46; 94 Louise Bendeus 29:53; 123 Stacy Wheat 31:40; 137 Caroline Glynn 33:07; 143 Rowena Hornshaw 33:24; 144 Heather Letley 33:38 (162 finishers)

HW (2C): 7 Ruth Clifton 24:15; 51 Anna Garnier 27:34

Team: 1 Hercules Wimbledon 101; 2 Reigate Priory 108; 3 Woking AC 115; 4 Dulwich Runners 127; 5 Thames Hare & Hounds 139; 6 Herne Hill H 150; 7 Ful-on-Tri 160; 8 West 4 H 216; 9 South London H 217; 10 Stragglers 225

U15 Girls

1 Holly Hailes (Croydon H) 15:58. **HW:** 21 Claire Rogers 19:20; 24 Aidjean Boyle 20:10; 27 Megan Le Doare 21:33

Team: 1 Herne Hill H 25; 2 Guildford & Godalming 43; 3 Reigate Priory 48; 4 South London H 77; 5 Woking 77; 6 Croydon H 110; 7 Hercules Wimbledon 113; 8 Epsom & Ewell 115; 9 Kingston & Poly 123; 10 Belgrave H 129

U13 Girls

1 Breagha Campbell (Herne Hill H) 12:06. **HW:** 10 Isabella Padt 13:42; 33 Hannah Baxter 15:42; 36 Georgia Botros 17:31; 37 Hannah Botros 19:04

Team: 1 Dorking Mole Valley 26; 2 Herne Hill H 37; 3 South London H 63; 4 Epsom & Ewell 80; 5 Hercules Wimbledon 114; 6 Croydon H 115; 7 Reigate Priory 128; 8 Belgrave H 157; 9 Sutton Runners 164

Full Senior results: <http://www.ranelagh-harriers.com/results2/111008r1.html>



To the HW Ladies Cross Country team on their first ever Surrey Ladies Division 1 team victory



The 13-strong HW Senior Ladies squad – together with their cute mascots Milly (left) and Max (right) - after their brilliant success at Lightwater Park in the Surrey Ladies League

October 8: 2XU Surrey Men's League, Division 1, Match 1, Wimbledon Common

Senior Men (5 miles)

1 Paskar Owor (Belgrave H) 26:09. **HW:** 24 Adam Przedzrymirski 28:13; 28 Matthew Sharp 28:28; 48 Phil Glynn 29:34; 61 Peter Lee 30:02; 71 Sean Crummy 30:32; 73 David Grima 30:40; 74 Stuart Fraser 30:41; 85 Ian Peglar 31:02; 105 Jamie Helmer 31:42; 125 Stewart Bond 32:47; 142 Richard Xerri 34:06; 146 Stephen McDuell 34:17; 148 Frank Wood 34:22; 161 Dave Ryan 35:30 (181 finishers)

Team: 1 Herne Hill H 99; 2 Thames H&H 249; 3 Belgrave H 397; 4 Ranelagh H 472; 5 Stragglers 515; 6 South London H 537; 7 Clapham Chasers 561; 8 Hercules Wimbledon 570; 9 Dorking Mole Valley 695

U17/U15 Boys (2.5 miles)

1 Tom Holden (South London H) 13:49; 2 Tim Livingstone (HW) 14:12; 3 Ben Palmer (HW) 14:13.

Other HW: 6 Cassian Hyde (2nd U15) 14:37; 11 Augustin Mallon 15:39; 13 Ross Vance 15:48; 16 Alex Lloyd-Jones 16:03; 18 Alex Bisnouth 17:08; 20 Matt Newton 18:07 (21 finishers)

Team: 1 Hercules Wimbledon 35; 2 Herne Hill H 48; 3 South London H 69; 4 Belgrave H 131; 5 Dorking Mole Valley 132

U13 Boys (2.5 miles)

1 Paul Burgess (Herne Hill H) 15:35. **HW:** 4 Sam Helm 16:07; 10 Alex Bond 17:31; 13 Harry Mier 17:49; 14 Elliot Mier 17:50; 15 Harry Clarke 18:30

Team: 1 Herne Hill H 48; 2 Hercules Wimbledon 52; 3 South London H 100; 4 Dorking Mole Valley 126; 5 Belgrave H 127; 6 Stragglers 132

Full results: <http://www.ranelagh-harriers.com/results2/111008m.html>



Shots of both Senior and Young Athletes starts. By Ray O'Donoghue
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October 8: parkrun 5km, Wimbledon Common

1 Josh Much (Brighton & Hove) 17:23. **HW:** 3 Peter Collins 18:26 (8th HW M40 all-time); 15 Charles Hampden-Smith 20:05; 56 Thomas Willis 22:42; 76 Charles Lawrie 23:33; 78 Adam Fenton 23:41; 95 Rebekah Jones 25:01; 141 Sophie Toomey 29:21; 154 Richard Weston (2C) 31:25 (170 finishers)

October 8: parkrun 5km, Richmond Park

1 Colin Johnson (Stragglers) 17:01. **HW:** 3 Stephen McDuell 19:22 (181 finishers)

October 8: parkrun 5km, Roundshaw Downs, Croydon

1 Alan O'Connor (Unattached) 18.02. **HW:** 10 Martin O'Halloran 21:25 (73 finishers)

October 8: Metropolitan League, Claybury, Nr Woodford, Essex

1 Mohamud Aadan (Thames Valley H) 24:54. **HW:** 29 James Trapmore (2C) 27:01 (355 finishers)

October 9: Royal Parks Half Marathon, London

1 Abdul Farah 68:39. **HW:** 10,007 Clare Lyons-Collins 2:35:09 (11,480 finishers)

October 9: Henley Half Marathon, Berks

1 Matt Hawcroft (Bromsgrove & Redditch) 71:40. **HW:** 60 Jeremy Purnell 92:46; 256 Alison Purnell 1:44:00 (**HW W45 record/20th HW W all-time**) (1052 finishers)

October 9: Isle of Wight Marathon, Ryde

1 Leslie Cupis (Ryde H) 3:06:40. **HW:** 10 Tom Cheetham 3:24:20 (106 finishers)

October 9: Badger Half Marathon, Denbies Vineyard, Dorking

1 Vincent Kamp (Ful-on-Tri) 76:26. **HW:** 9 Claire Grima (1st W) 85:20; 11 Ruth Clifton (2nd W-2C) 86:27; 12 David Grima 86:37; 23 Sean Crummy 89:27; 183 Claire Morgan (2C) 1:53:05 (451 finishers)

October 9: Liverpool Marathon

1 John McCole (Liverpool H) 2:34:41. **HW:** 4 Pat Wright (2C) 2:39:16 (only results available)

October 9: The Great Hall Race 5km, Wimbledon Common

1 James Eden 18:14. **HW:** 12 Elliot Laville 22:53; 78 Hal Henderson 27:19 (251 finishers)



A determined Elliott Laville racing on Wimbledon Common

October 12: Bridges Handicap Race 2.3 miles, Westminster Bridge

Fastest: 1 Phillip Jones (Wycombe Phoenix H) 13:39. **HW:** 14 Dennis Williams 17:45; 21 Kevin Burnett (2C) 23:58

October 12: Wandsworth Schools Championships, Tooting Bec Common, SW17

Year 10 Boys

1 Ross Vance (HW/Ibstock) 10:10.10; 2 Archie St Aubyn (Emmanuel) 10:13.64

Year 11 Girls

1 Billy Barbour (Graveney) 7:31.09. **HW:** 3 Katie Lampl (Putney High) 7:32.40

October 12: Civil Service Road Relay Championships, Finsbury Park, London

Women

Fastest (2.78 miles): 1 Stephanie Robson (HW) 17:28. **Other HW:** 18 Angela Kikugawa 23:38

October 14 Crooklog Handicap 5km, Bexleyheath, Kent

Fastest: 1 Steve Dipre (New Eltham Joggers) 18:32. **HW:** 8 Stuart Littlewood 22:39 (30 finishers)

This race celebrated the 250th running of the event with Stuart being one of its earliest supporters and still competing in it on a regular basis since 1989, when he set his best time of 15:53 – which you will no doubt note was a lot quicker than today's winner!

Organiser of the event is still Joe Cleverley whose grandfather Joe Deakin was the winner of the 3-miles at the 1908 Olympic Games held in London

October 14: Poole Runners Winter 5km Series, Boscombe Pier, Dorset

1 Richard Horton (Poole AC) 16:17. **HW:** 137 Dennis Williams 23:01 (241 finishers)

October 15: ERRA Nike National 6-stage Road Relay, Sutton Coldfield

1 Aldershot F&D 1:44:51 53 Hercules Wimbledon 1:56:54 (Kieran White (55) 18:46. Alex Robinson (52) 18:57, Andrew Penney (43) 18:29, Phil Glynn (45) 19:59, Matthew Sharp (49) 20:03, Sean Crummy (53) 20:30) (76 teams closed in)

Fastest: 1 James Wilkinson (Leeds City) 16:38; 2 Andrew Vernon (Aldershot) 16:58; 3 Johnny Mellor (Liverpool H) 16:59



A couple of team shots by Sheila White.....and some 'best efforts' – in running order - by Pete



October 15 Surrey County Masters Championships, Richmond Park, Petersham

Men (10km)

1 Brian Wilder (Herne Hill H) 33:54. **HW:** 9 Stuart Fraser (4th M45) 36:36; 35 Frank Wood (12th M45) 40:32; 57 David Betts (5th M60) 44:27; 62 Tom Morris (18th M50) 45:21; 67 Maurice Sharp (2nd M65) 45:59; 86 Kevin Burnett (2C-3rd M70) 71:06 (86 finishers)

Full results: <http://www.ranelagh-harriers.com/results2/111015m.html>

Women (6km)

1 Marie Synott-Wells (Ranelagh H) 24:19. **HW:** 12 Francesca Clarke (5th W35) 25:41; 13 Anna Garnier (2C-1st W55) 25:54; 16 Vicki Filsell (2C-3rd M40) 26:13 (54 finishers)

Full results: <http://www.ranelagh-harriers.com/results2/111015f.html>

October 15: Crimson Classic Cross Country, Tuscaloosa, Alabama, USA

Men (8.039km)

1 Carison Kemei (Kenya) 24:49.25. **HW:** 6 Alex Bruce-Littlewood (2C) 25:13.30 (158 finishers)

October 15: McPherson Lakeside Shootout, McPherson, Kansas, USA

1 Edward Limo (Kenya) 25:38.10. **HW:** 9 Jonathan Burgess 26:44.3 (104 finishers)

October 15: parkrun 5km, Wimbledon Common

1 Trygve Reitan (Unattached) 16:58. **HW:** 6 Andrew Davies (2C) 18:27; 21 Jeremy Purnell 19:56; 61 Charles Lawrie 22:15; 91 Rebecca Stone 23:35; 116 Imogen Willis 25:14; 163 Megan Le Doare 27:48; 179 Celia Willis 28:36; 185 Sophie Toomey 29:12; 192 Richard Weston (2C) 30:10; 201 Clare Lyons-Collins 31:51 (221 finishers)

October 15: Putney Primary Schools Cross Country (2km) Richardson Evans Playing Fields, Wimbledon Common, Putney Vale

1 Harris Mier (HW); 2 Elliott Mier (HW); 3 Peter Riches (HW). **Other HW:** 16 Tomas Morais (2nd year 5); 22 Zac Purnell ; 31 William Chenery; 43 Tom Goulden; 45 Anna Padt (4th year 5 girl); 49 Ciara Kennedy (5th year 5 girl) (224 finishers) – no times supplied

Note: six members of the winning St Mary's eight-strong team train with Mark Livingston at Wimbledon Park and I hear that the other two will be joining them soon!

October 15: parkrun 5km, Bushy Park, Teddington

1 Zac Curran (Windsor, S,E&H) 16:05. **HW:** 13 Cassian Hyde 17:57 (2nd HW U15B all-time) (708 finishers)

October 15: parkrun 5km, Richmond Park

1 Brian Thursby (Unattached) 16:13. **HW:** 6 Alexander Lloyd-Jones 18:36 (4th HW U15B all-time) (259 finishers)

October 15: parkrun 5km, Roundshaw Downs, Croydon, Surrey

1 Alan O'Connor (Unattached) 18:13. **HW:** 10 Martin O'Halloran 21:02 (73 finishers)

October 16: Lexus 10km, Croydon, Surrey

1 Pawel Bal (South London H) 33:39. **HW:** 83 Jordan Folk (5th W) 42:45 (17th HW W all-time) (515 finishers)

October 16: Abingdon Marathon, Abingdon, Oxon

1 Stephen Male (Oxford City AC) 2:31:46. **HW:** 14 Peter Lee 2:46:57 (3rd HW M45 all-time); 135 Charles Hampden-Smith 3:09:23 (4th HW M50 all-time) (777 finishers)



Peter Lee looking steady in the early stages of the Abingdon Marathon on his way to making an impression on the HW M45 all-time listings

October 16: Amsterdam Marathon, Holland

1 Wilson Chebet (Kenya) 2:05:53. **HW:** 3803 Monika Crouse 3:42:48 (13th HW SW all-time; 5161 Stewart Bond 3:57:57 (9633 finishers)

October 16: Mizuno Amsterdam Half Marathon, Holland

Men: 1 Alessandro Belotti (Italy) 68:27. **HW:** 4967 Mick Leigh 1:58:09 (4th HW M65 all-time) (7505 finishers) A nice touch in that competitors finished in the 1928 Olympic Stadium

October 16: Cabbage Patch 10 miles. Twickenham, Middx

1 Paskar Owor (Belgrave H) 48:58. **HW:** 81 Andrew Davies (2C) 60:00; 92 Ruth Clifton (2C-4th W) 60:29; 234 Stephen McDuell 66:18 (11th HW M45 all-time); 677 Claire Morgan (2C) 78:34; 889 Dennis Williams 83:51 (4th HW M65 all-time) (1610 finishers)

October 16: Amsterdam Marathon, Holland (added HW runner)

1 Wilson Chebet (Kenya) 2:05:53. **HW:** 3803 Monika Crouse 3:42:48 (13th HW SW all-time); 5161 Stewart Bond 3:57:57 (9633 finishers)

October 19: RAF Henlow 10 miles Road Race, Beds

1 M Janes (Bedford & County AC) 52:05. **HW:** 103 Dennis Williams (4th HW M65 all-time) 83:01 (145 finishers)

Note: this was the second time in four days that Dennis has improved on his M65 best over 10 miles

October 22: Orion Harriers Centenary Mob Match (7.5 miles) Epping Forest Chingford

1 Ryan Evans (South London H) 45:02. **HW:** 90 Anna Garnier (2C) 58:50; 111 Stuart Littlewood 62:26 (193 finishers)

October 22: parkrun 5km, Richmond Park

1 Gavin Brown (Unattached) 18:10. **HW:** 27: Stephen McDuell 21:05 (237 finishers)

October 22: parkrun 5km, Wimbledon Common

1 Graham Brook (Stragglers) 16:59 **HW:** 3 Ben Palmer 17:49 (5th HW U17M all-time); 19 Zoe Shannon (1st W-2C) 19:22; 20 Charles Hampden Smith 19:27 (11th HW M50 all-time); 28 Daniel Haigh 20:03; 70 Alex Bond 21:16; 84 Elliot Laville 21:46; 106 Fenella Willis 22:49 (3rd HW W40 all-time); 111 Peter Collins 22:55; 123 Charles Lawrie 23:25; 28 Rebekah Jones 23:36; 136 Zac Purnell 23:48; 139 Alison Purnell 23:52; 144 Hannah Baxter 24:02; 151 Claire Morgan (2C) 24:15; 152 Claire Rogers 24:21; 157 Aileen Boyle 24:31 (U13G); 177 Imogen Willis 25:24; 179 Megan Le Doare 25:36; 184 Adam Fenton 25:57; 236 Nat Purnell 28:03; 236 Jeremy Purnell 28:04; 237 Celia Willis 28:26; 250 Sophie Toomey 28:37 (295 finishers – record)

23 HW runners today with many of them vying for places in the Merton Mini Marathon team



Alison Purnell keeps a beady eye on her son Zac as she encourages him to a probable spot in the Merton London Mini Marathon squad during the trial race incorporated in the Wimbledon parkrun.

October 22: parkrun 5km, Hove, Sussex

1 Martyn Bean (Brighton & Hove) 16:35. **HW:** 46 Rosemary Fernando 21:10 (348 finishers)

Good to see that Rosemary is racing again and the rumour is that she is training for the Brighton 10km

October 22: parkrun 5km, Bushy Park, Teddington

1 Anthony Jackson (Sittingbourne Striders) 16:04. **HW:** 416 Dennis Williams 26:25 (727 finishers)

October 22: parkrun 5km, Lloyd Park, Croydon, Surrey

1 Kieran White (HW) 16:36; 2 Sam Clayton (Croydon H) 18:09 (53 finishers)

Note: Kieran equalled his own course record set on 2nd July this year. He is also the only runner to get below 17 minutes on this hilly course

October 22: Veterans AC Cross Country, 5.5 miles, Wimbledon Common

1 Glen Morgan (Veterans AC) 37:24. **HW:** 5 Stephen McDuell 40:03 (17 finishers)



Stephen McDuell, after completing the Richmond Park parkrun in the morning, finds the energy to place fifth in the Vets AC event less than six hours later.

October 22: Self Transcendence 5km, Battersea Park

1 Mike Cummings (Herne Hill H) 15:29. **HW:** 5 Matthew Sharp 16:25 (12th HW all-time); 23 Frank Wood 18:41 (8th HW M45 all-time (94 finishers)

October 23: Peter Driver 10km, Fleet, Hampshire

1 Paolo Natali (Cambridge Un) 32:00. **HW:** 3 Kieran White 33:14 (536 finishers)

October 23: Stroud Half Marathon

1 Andrew Losuuda (unattached) 63:56. **HW:** 39 David Grima 82:18; 51 Claire Grima 83:26; 166 Gerard Crispie (2C) 90:40 (1710 finishers)

October 23: Venice Marathon

1 Tadese Aredo (Ethiopia) 2:09:13. **HW:** 5036 Angela Kikugawa 4:37:44 (5868 finishers)

October 23: Bath Racecourse 10km (off road), Bath, Somerset

HW: Julia Bailey (3rd W-2C) 48:07 – only results available!

October 27: City of London Handicap, Wapping, 5km

Fastest: 1 Damian Gold 17:37; 2 Stuart Fraser (HW) 17:38. **Other HW:** 24 Dennis Williams 23:14

October 28: Serpentine Last Friday of the Month 5km, Hyde Park

1 Dave Henderson (Unattached) 15:52. **HW:** 37 Stephen McDuell 18:46; 127 Dennis Williams 22:40; 172 Mike Fuller 25:06 (5th HW M65 all-time) (225 finishers)

October 29: East Surrey League Cross Country, Lloyd Park, Surrey

Seniors (5 miles)

1 Ben Whitby (Herne Hill H) 26:09. **HW:** 7 Phil Glynn 29:59; 11 Alexie Calvert-Ansari 30:41; 24 Zoe Shannon 32:49; 38 Amy Aronson 34:07; 42 Frank Wood 34:18; 61 Dave Betts 36:27; 65 Vicki Filsell 37:09; 82 Sarah Connellan 40:14; 83 Stuart Littlewood 40:37; 89 Marilena De Luca 41:49; 90 Fenella Willis 41:53; 95 Craig Howard 42:42 (110 finishers)

Teams: 1 Herne Hill H 14; 2 Epsom & Ewell H 56; 3 Striders of Croydon 60 ... 7 Hercules Wimbledon 98 ... 18 Hercules Wimbledon 'B' 291

U17/U15 (2 miles)

1 Peter Chambers (Croydon H) 12:39; 2 Tim Livingstone (HW) 12:54. **Other HW:** 7 Cassian Hyde (3rd U15B) 13:16; 8 Johnnie Bland 13:44; 24 Alex Bishnouth 15:43; 28 Emma Headley (6th U15G) 16:13.

n/s: Nicholas Costelloe 18:25 (33 finishers)

Teams: 1 Herne Hill H 13; 2 Hercules Wimbledon 17; 3 Croydon H 24

U13 (2 miles)

1 Paul Burgess (Herne Hill H) 13:33. **HW:** 10 Matthew Sparks 14:49; 11 Edward Grinrod 14:50; 28 Oscar Wainman 17:10; 29 Peter Riches 17:14; 32 Tomer Taraagano 17:26; 36 Calum Betteley 17:58; 37 Rebekah Jones 18:14; 40 Rebekah Riches 18:39; 44 Mimi Lanfranchi 19:09 (46 finishers)

Teams: 1 Herne Hill H 8; 2 Herne Hill H 'B' 21; 3 Reigate Priory 38 ... 6 Hercules Wimbledon 49; 10 Hercules Wimbledon 'B' 97; 12 Hercules Wimbledon 'C' 121

Note: nine U13 runners wearing HW vests. Must be a record!

Full results here: [October 29, 2011](#)



The start of the Young Athletes at Croydon



Coach Mark supervises the HW U13s prior to the start – the first HW race for many of them
Both photos by Ray O'Donoghue - raymondodonoghue@btinternet.com

October 29: parkrun 5km, Bushy Park, Teddington

1 Eoghan Totten (Newcastle AC) 15:48. **HW:** 121 Barry King 21:34 (713 finishers)

October 29: parkrun 5km, Kingston, Surrey

1 Daniel Edwards (Unattached) 18:53. **HW:** 25 Dennis Williams 25:05 (49 finishers)

October 29: parkrun 5km, Nonsuch Park, Ewell

1 Kevin Lewis (Sutton R) 18:19. **HW:** 38 Rowena Hornshaw 24:19 (141 finishers)

October 29: parkrun 5km, Wimbledon Common

1 Tom Aldred (Unattached) 16:37. **HW:** 7 Deon Coetzee 18:00; 8 David Grima 18:11; 9 Claire Grima 18:14; 18 Charles Hampden-Smith 19:29; 33 James Sharpe 20:27; 61 Peter Collins 21:29; 76 Jim Wallace (2C) 22:10; 69 Adam Fenton 22:58; 106 Thomas Willis 23:43; 117 Claire Rogers 24:14; 129 Imogen Willis 25:12; Aideen Boyle 25:48; 211 Richard Weston 29:49 (243 finishers)

October 29: Thames H&H Inter Club 7.5 miles Match, Wimbledon Common

1 Luke Caldwell (Oxford Un/Dorking MV) 38:23. **HW:** 24 Anna Garnier (2C) 53:10 (35 finishers)

From THH website: The Ladies' Long Distance Challenge was won by Ladies' Captain, Anna Garnier

October 29: Halloween Horror 4 miles, Moreton Morell, Warks 29 October 9pm

1 Ashley Miles (Sphinx) 24:43. **HW:** 58 Colin Bricher 41:43 (91 finishers)

With a 9pm start this event was certainly a horror as reported by Colin:

A lot more trekking through the undergrowth this year and less lit up pathway. Someone had removed some of the LEDs. A number of us tripped in the undergrowth and at least one of us fell down the 2ft foot drop hurting my back. It was lit and there was a marshal but I am geriatric enough to struggle with this in daylight. Still I was rewarded for my efforts with a bottle of wine as oldest finisher.

Ed: I presume that a 'Risk Assessment' was made!

October 30: Barns Green Half Marathon, Sussex

1 James Baker (Chichester) 70:31. **HW:** 37 David Grima 82:37; 38 Claire Grima (1st W) 82:45 (1409 finishers)

October 30: BUPA Great South Run 10 miles, Portsmouth, Hants

1 Leonard Komon (Kenya) 46:18. **HW:** 128 Ben Palmer 62:08 (c 24,000 finishers)

Ed: it's only during the past couple of years that a 16-year-old has been allowed to race over 10 miles so I suppose Ben's efforts must be an HW inaugural U17 record for the distance.

October 30: Jekyll & Hyde Park Halloween Duathlon, Hyde Park**Run 4.2km – Bike 20km – Run 7.5km**

1 Richard Phillips (Serpentine) 73:02 (12:55 – 33:30 – 25:49). **HW:** 44 Ruth Clifton (2nd W-2C) 83:03 (15:10 – 35:52 – 30:15); 139 Claire Morgan (2C) 1:45:28 (19:29 – 45:55 – 37:50) (153 finishers)

October 31: Southland Conference Champs, Nacogdoches, Texas, USA

1 Patrick Kemeli (Kenya) 24:50.6. **HW:** 9 Alex Bruce-Littlewood (2C) 25:26.4 (83 finishers)

October 31: National Lottery Dublin Marathon, Ireland

1 Geoffrey Ndungu (Kenya) 2:08:33. **HW:** 929 Thomas Cheetham 3:20:14 (11,245 finishers)