

HW Results February 2011

February 1: Crystal Palace Canter, approx 3-miles, SE19

1 Ola Balme (Dulwich Runners, W) 18:51. **HW:** 6 Stuart Littlewood 21:51; 10 Dennis Williams 24:09

February 2: Royal Air Force Championships, RAF Halton

1 Roy Bugden (Cosford) 37:01. **HW:** 6 Kieran White 39:16 (88 finishers)

February 4: Poole Runners Winter 5km Race, Boscombe Pier

1 Jack Partridge (Poole Runners U20) 17:05. **HW:** 107 Dennis Williams 24:19; 152 Ian Isherwood 28:33 (175 finishers)

February 5: British Universities Championships, Senneley's Park, Birmingham

Men (10km)

1 Nick Goolab (Birmingham) 34:55. **HW:** 93 Andrew Penney (Bristol) 39:27 (257 finishers)

Women (7km)

1 Charlotte Purdue (St Mary's) 27:21. **HW:** 150 Jennifer Fernando (Notts) 35:26 (318 finishers)

February 5: parkrun 5km, Roundshaw Downs, Croydon

1 Lee Flanagan (Striders of Croydon) 17:47. **HW:** 14 Martin O'Halloran 21:54 (110 finishers)

February 5: parkrun 5km, Wimbledon Common

1 Will Cockerell (Belgrave H) 16:45. **HW:** 9 Andrew Davies (2C) 19:07; 18 Charles Hampden-Smith 20:12; 28 Adam Fenton (2C) 20:52; 37 Louise Bendeus 21:10 (**17th HW SW all-time**); 57 David Grima 22:20 (with Luca in push chair); 76 Charles Lawrie 23:14; 161 Zachary Purnell 27:54; 179 Sophie Toomey 28:44; 193 Richard Weston (2C) 30:01 (214 finishers)

February 5: parkrun 5km, Richmond Park

1 Unknown 17:44. **HW:** 4 Stephen McDuell 19:27 (230 finishers)

February 5: parkrun 5km, Cardiff

1 Daniel Hiscox (Aberdare Valley) 16:27. **HW:** 22 David Harris 19:55 (**5th HW M35 all-time**)(189 finishers)

February 5: South of England School's Inter Counties, Prospect Park, Reading, Berks

Senior Boys: 1 Will Gray (Sussex) 23:44. **HW:** 69 Ciaran O'Duffy (Surrey) 30:25 (70 finishers)

Inter Boys: 1 Charles Josylin-Allen (Kent) 16:18. **HW:** 56 Ben Palmer (Surrey) 18.15 (87 finishers)

Senior Girls: 1 Georgia Peel (Hants) 16:45. **HW:** 28 Michaela Knespl (Surrey) 19:38 (63 finishers)

Junior Girls: 1 Siannah Rayment (Berkshire) 10:06. **HW:** 7 Emma Headley (Surrey) 10:28; 72 Rebecca Stone (Surrey) 11:32 (85 finishers)

February 5: 2XU Surrey Men's League, Divisions 3&4, Wimbledon Common

Seniors (5 miles)

1 John Gilbert (Kent AC) 27:21. **HW:** 21 Pat Wright (2C) 31:26; 56 John Querstret (2C) 34:53

February 5: Kingston & Polytechnic Inter Club 9-mile, Richmond Park. Sheen

1 Phil Sly (Thames H&H) 45:45. **HW:** 26 Rowena Hornshaw 77:35 (29 finishers)

February 5: Windsor Indoor Open Meeting, Eton

Men

60 (race 5): 3 Richard Agyapong 7.28

February 5: Cloucester League, Gloucester

Men (9.5km approx.)

1 Martin Cox (Salford H) 30:42. **HW:** 130 Colin Bricher (2C) 51.27

February 6: Chichester Priory 10km, Sussex

1 Ben Noad (Highgate H) 30:05. **HW:** 42 Matthew Sharp 34:05; 310 Maurice Sharp 43:37 (1612 finishers)

February 6: Watford Half Marathon, Herts

1 Martin Williams (Tipton H) 68:35. **HW:** 138 Stewart Bond 88:07; 153 Frank Wood 88:41 (8th HW M45 all-time); 845 Monika Crouse 1:46:37 (19th HW W all-time); 925 Claire Morgan (2C) 1:48:57 (1981 finishers)

February 6: Merton Mini Marathon Trials, Wimbledon Park

U15 Boys: 1 Daniel Haigh (HW) 14:54

U13 Boys: 1 Christian O'Connell 15:49. **HW:** 3 Elliot Laville 16:29; 4 Alex Bond 15:45; 8 Carl Reed 17:40

U17 Girls: 1 Annabelle Allen 17:20, **HW:** 3 Georgia Haigh (HW) 18:47

U15 Girls: 1 Rebecca Stone (HW) 15:56. **Other HW:** 3 Claire Rogers 17:05; 5 Imogen Willis 18:46; 6 Saskia Kohler 19:32; 7 Freya Popham 19:54

U13 Girls: 1 Hannah Jones 18:05. **HW:** 2 Josie Clough 19:53; 3 Megan Le Doare 20:29; 4 Celia Willis 20:41; 7 Rebekah Jones 21:15

February 6: Mornington Chasers Winter 10km Series, Regents Park

1 Danny Russell (Highgate H) 33:37. **HW:** 14 Charles Lescott (2C) 37:44; 76 Tom Morris 43:53 (334 finishers)

February 6: Nonsuch Park 10km, Sutton

Men: 1 David Brooks (Unattached) 39:18. **HW:** 5 Tom Cheetham 43:00 (71 finishers)

February 9: London Schools Championships, Parliament Hill**Junior Boys**

1 Merhawi Yemane 11:44. **HW:** 33 Thomas Bracegirdle 14:28. (106 finishers)

Inter Girls

1 Sophie Parkes 13:11. **HW:** 12 Maire Gilmartin 15:29 (55 finishers)

Junior Girls:

1 Sabrina Sinha 10:15. **HW:** 30 Emily Dobson 13:17 (101 finishers)

February 10: Armagh 5km (Road). Northern Ireland

1 Matthew Bowser (Lincoln Wellington) 14:15.24. **HW:** 26 Liam White 14:50.85 (**HW Senior & Junior record**) (64 finishers)

Note: previous club record was 15.09 by Adrian Marriott at Yeovil - 9/7/2003

February 12: 2XU Surrey Men's League, Division 1, Match 4, Wimbledon Common, Putney Vale Senior Men (8.9km)

1 James McMullan (Thames H&H) 28:42. **HW:** 6 Kieran White 30:22; 37 Phil Glynn 32:35; 47 Rory McMahon 33:07; 54 Peter Lee 33:38; 55 Deon Coetzee 33:39; 57 Alex Urban 33:39; 62 Stuart Fraser 33:46; 88 Richard Xerri 35:09; 101 Ian Pegler 35:38; 106 Stewart Bond 36:15; 130 George Philpot 38:46; 136 Frank Wood 39:51; 148 Tom Cheetham 41:22; 156 Craig Howard 46:17

Note: although not competing today Liam White was presented with the award for overall U20 winner based on best of three races.

TEAM: 1 Herne Hill H 120; 2 Thames H&H 185; 3 Epsom & Ewell H 447; 4 Dorking Mole Valley 486; 5 Hercules Wimbledon 518; 6 Reigate Priory 543; 7 South London H 561; 8 Stragglers 581; 9 Belgrave H 654

Final League positions: 1 Herne Hill H 613; 2 Thames H&H 778; 3 Hercules Wimbledon 1598; 4 Belgrave H 2085; 5 South London H 2105; 6 Stragglers 2225; 7 Dorking Mole Valley 2290; 8 Epsom & Ewell H 2295; 9 Reigate Priory 2390

U15/U17 (4.6km)

1 Tim Livingstone (HW) 15:22; 2 Tom Holden (South London H) 15:26. **HW:** 4 Joe Clark 16:10; 6 Cassian Hyde 17:17; 9 Daniel Haigh 17:46; 10 Augustin Mallon 17:48; 14 Alex Bisnouth 20:52

Note: Joe Clark was presented with the award for overall U17 winner

TEAM: 1 Hercules Wimbledon 30; 2 Herne Hill H 34; 3 South London H 118; 4 Epsom & Ewell 128

Final League positions: 1 Herne Hill H 148; 2 Hercules Wimbledon 181; 3 South London H 411; 4 Belgrave H 509.5; 5 Dorking Mole Valley 532.5; 6 Epsom & Ewell 537; 7 Reigate Priory 576

U13 (4.6km)

1 Jamie Brown (Reigate Priory) 17:15. **HW:** 10 Alex Bond 24:23

TEAM: 1 Herne Hill H 20; 2 Reigate Priory 92; 3 South London H 120; 4 Dorking MV 121; 5 Hercules Wimbledon 122

Final League positions: 1 Herne Hill H 104; 2 Reigate Priory 245; 3 Dorking MV 470; 4 Hercules Wimbledon 479.5; 5 South London H 528.5; Stragglers 550





February 12: Surrey Ladies League, Division 1, Match 4, Wimbledon Common, Putney Vale

Seniors (8.9km): 1 Lucy MacAlister (Thames H&H) 32:43. **HW:** 12 Claire Grima 36:35; 29 Stephanie Robson 38:34; 56 Masumi Dobson 41:04; 57 Michaela Knespl (1st U20) 41:06; 75 Alison Purnell 42:14; 98 Monika Crouse 44:14; 129 Rowena Hornshaw 49:39; 132 Amy Galvin 50:01; 136 Heather Letley 50:47; 147 Caroline Glynn 52:31; 152 Sophie Toomey 57:57

HW 2C: 4 Ruth Clifton 34:24; 69 Anna Garnier 41:58

TEAM: 1 Thames H&H 31; 2 South London H 87; 3 Dulwich Runners 136; 4 West 4 H 175; 5 Herne Hill H 191; 6 Woking 211; 7 Ranelagh H 213; 8 Hercules Wimbledon 229; 9 Reigate Priory 247; 10 Dorking Mole Valley 264; 11 Epsom & Ewell H 275; 12 Belgrave H 276; 13 Wimbledon Windmilers 331; 14 Striders of Croydon 353; 15 Stragglers 405

B Teams: 1 Thames H&H 220; 2 South London H 331; 3 Dulwich Runners 416 ... 10 Hercules Wimbledon 642

Final League positions: 1 Thames H&H 245; 2 South London H 387; 3 Dulwich Runners 588; 4 Herne Hill H 686; 5 West 4 H 764; 6 Ranelagh H 887; 7 Woking 913; 8 Reigate Priory 940; 9 Hercules Wimbledon 948; 10 Stragglers 1068; 11 Wimbledon Windmilers 1142; 12 Dorking & Mole V 1142; 13 Epsom & Ewell H 1161; 14 Belgrave H 1253; 15 Striders of Croydon 1617

B Teams: 1 Thames H&H 885; 2 South London H 1635; 3 Dulwich Runners 1784 ... 11 Hercules Wimbledon 2611

U15/U17

1 Katie Snowden (Herne Hill H) 17:16. **HW:** 28 Maire Gilmartin 21:39; 35 Georgia Haigh 23:16

TEAM: 1 Reigate Priory 32; 2 Herne Hill H 49; 3 Kingston & Polytechnic 69 ... 11 Hercules Wimbledon 132

Final League positions:

1 Reigate Priory 168; 2 South London H 203; 3 Herne Hill H 227 ... 7 Hercules Wimbledon 516





All above photos of Surrey League races by Ray O'Donoghue
 For copies, please contact Ray at raymondodonoghue@btinternet.com

February 12: 2XU Surrey Men's League, Division 2, Match 4, Richmond Park, Petersham
 1 Phil Killingley (Ranelagh H) 30:56. **HW:** 87 Jim Wallace (2C) 37:47; 89 Barry White 37:55 (150 finishers)

February 12: London Sportshall, Crystal Palace
U15 Boys:
 2 Devonte Caseley-Hayford (South London Network). **2-laps:** 1st. **Speed Bounce** 2nd, **LJ:** 3rd
 Devonte now qualifies for finals in Birmingham on April 3

February 12: parkrun 5km, Roundshaw Downs, Croydon
 1 Neil Reiland (Unattached) 18:35. **HW:** 10 Martin O'Halloran 22:16 (82 finishers)

February 12: parkrun 5km, Wimbledon Common
 1 Dave Allcock (Thames H&H) 17:34. **HW:** 83 Fenella Willis 24:29; 96 Charles Lawrie 24:49; 119 Imogen Willis 26:21; 142 Zachary Purnell 27:53

February 12: Birmingham League, Division 1, Northampton
Men (10km): 1 Paul Miles (OWLS) 32:24. **HW:** 161 Colin Bricher (2C) 58:34

February 12: Metropolitan League, Perivale, Middlesex
Men: 1 Chris Smith (Thames Valley H) 29:41. **HW:** 5 James Trapmore (2C) 30:28 (277 finishers)

February 12: Kent League, Swanley

Men: 1 Alex Bruce-Littlewood (HW-2C) 33:08. **Other HW:** 12 James Hogg (2C) 36:54 (107 finishers)

February 12: Signals Relays, Hetton Lyons Country Park, Sunderland

Fastest (2.22 miles): 1 Phillip Hurst (Elswick) 10:16. **HW:** 5 Chris Parr (2C) 10:50

February 13: Wokingham Half Marathon

1 Phil Wicks (Belgrave H) 64:10. **HW:** 350 Charles Hampden-Smith 91:10; 1087 Claire Morgan (2C) 1:48:06 (2055 finishers)

February 13: Valentines 10km, Chessington, Surrey

1 Stephen Murphy (Donore H) 32:38. **HW:** 266 Annmarie Seymour 52:07 (509 finishers)

February 13: Sidcup 10 miles Road, Kent (short course?)

1 Paddy Hamilton (Enfield & Haringey) 48:10. **HW:** 245 Angela Kikugawa 83:00) 374 finishers)

February 13: SMaRTT Smasher 10km (trail), Calne, Nr Swindon, Wilts

1 Simon Nott (John Bentley School) 34:22. **HW:** 60 Dennis Williams 47:54 (164 finishers)

February 16: Bridges 2.3 miles Handicap, Westminster Bridge

Fastest: 1 Gavin Murrison (Serpentine) 13:51. **HW:** 18 Dennis Williams 18:29; 23 Kevin Burnett (2C) 24:29

February 18: Shrewsbury House School Sponsored Run, 5.5km approx

Senior Trophy (U13B): 1 Elliot Laville (HW) 22:32 (approx 100 finishers)



Elliot goes to the front early on as he heads towards victory

February 19: National Championships, Alton Towers, Staffs

Senior Men

1 Steve Vernon (Stockport) 35:11. **HW:** 250 Alex Urban 43:11; 290 Phillip Glynn 43:55; 334 Deon Coetzee 44:44; 347 Rory McMahon 45:05; 722 Sean Crummy 50:56

HW 2C: 105 James Trapmore 40:05; 232 James Hogg 42:54; 526 Charles Lescott 47:57; 1290 Colin Bricher 78:03 (1302 finishers)

Junior Men

1 Jonny Hay (Aldershot, F&D) 28:17. **HW:** 24 Liam White 30:16; 47 Alex Robinson 31:15 (183 finishers)

Note: Liam's position was the highest by an HW Junior since Dave Clarke finished third at Leeds in 1978

U17 Men

1 Kieran Clements (Ipswich H) 23:16. **HW:** 146 Joe Clark 27:55 (270 finishers)

U15 Boys

1 Adam Howard (Oldham & Royton H) 16:53. **HW:** 130 Cassian Hyde 19:29 (326 finishers)

Senior Women

1 Louise Damen (Winchester) 23:49. **HW:** 47 Ruth Clifton (2C) 27:09 (552 finishers)

February 19: Veterans AC 5.5 miles, Wimbledon Common

1 Mike Mann (Dulwich Runners) 37:04. **HW:** 11 Rowena Hornshaw (3rd W) 50:50. (16 finishers)

February 19: parkrun 5km, Lloyd Park, Croydon

1 Kieran White (HW) 17:20. **Other HW:** 5 Barry White (2C) 20:31 (28 finishers)

February 19: parkrun 5km, Wimbledon Common

1 Basil Wallace (Herne Hill H) 18:03. **HW:** 19 Charles Hampden-Smith 20:59; 30 Adam Fenton 21:55; 46 Charles Lawrie 23:11; 83 Nathaniel Purnell 25:26; 84 Annmarie Seymour 25:28; 85 Alison Purnell 25:34; 119 Sophie Toomey 28:47; 130 Clare Lyons-Collins 30:20 (157 finishers)

February 19 (a)/20 (b): British Universities Indoor Championships, Sheffield Men

60 (a): (Heat 2): 6 Ka Cheun To (York) 7.69

Women

200 (b): (Semi Final 2) 3 Emily Martin 25.61. **(In Heat 4):** 1st 26.10

February 20: The Vale Gallop, Multi Terrain, Walton on the Hill, Surrey

Boys U16 (4km): 1 James Evans (HW) 17:00.2

February 20: Brighton Half Marathon, Sussex

1 David Wardle (Woodford Green) 66:22. **HW:** 378 Tom Cheetham 92:19; 790 Victor Ray 94:19; 806 Chloe Hawkins 98:23 (**15th HW W all-time**); 3559 Mick Leigh 2:00.25 (5504 finishers)

February 20: Lake Dorney Half Marathon, Eton, Berks

1 Julien Lhomme (Headington RR) 74:12. **HW:** 186 Zoe Phillips (3rd W40) 96:48; 258 Amy Galvin 1:42:13 (**18th HW W all-time**) (337 finishers)

February 22: Maurice's HW 5000m Time Trial, Wimbledon Park

1 Ben Green (Warrington AC, guest) 16:09; 2 Claire Grima 18:23; 3 Hugh Saxby 18:29; 4 Neil Guthrie 18:55; 5 Daniel Haigh 19:08; 6 Vic Ray 19:24; 7 David Harris 19:44; 8 Amy Galvin 19:55; 9 Hannah Fernando 20:06; 10 Zoe Phillips 20:26; 11 Adam Fenton 21:15; 12 Samuel Faudot-Miguet 21:27; 13 Elliot Freeman-Menant 21:27; 14 Rowena Hornshaw 22:41; 15 Monika Crouse 22:56; 16 Sophie Toomey 26:12; Clare Lyons-Collins 27:20

February 25: Inter Services Cross Country Championships. HMS Raleigh, Torpoint, Cornwall

Senior Men: 1 Roy Bugden (RAF) 32:43. **HW:** 14 Kieran White (RAF) 34:40 (26 finishers)

February 25: Serpentine Last Friday of the Month 5km, Hyde Park

1 James Shane (Newham & EB) 14:44. **HW:** 73 Michaela Knespl 20:37; 144 Dennis Williams 24:58 (201 finishers)

February 26: East Surrey League Cross Country Relays, Wimbledon Common

Seniors (4x1.9 miles)

1 Epsom & Ewell H 43:33; 2 Hercules Wimbledon 44:21 (Hugh Saxby (M55) 11:10 (5), Stewart Bond 11:13 (1), Alex Urban 10:38 (1), Ed Martin 11:20 (2) ,,,,7 Hercules Wimbledon B 51:22 (Mark Livingstone 13:06 (10), Frank Wood 12:14 (7), Dave Betts 12:50, Maurice Sharp 13:12 (7)

Young Athletes (U17/U15) (3x1.9 miles)

1 Hercules Wimbledon 32:01 (Joe Clark 10:27, Cassian Hyde 10:59, Ben Palmer 10:35) 4 Hercules Wimbledon AC B (n/s) 35:20 (Augustin Mallon 11:40 (5), Emma Headley 12:28, Joe Clark 11:12)

Full results here: <http://herculeswimbledonac.org.uk/results.htm>



The start of the combined Young Athletes and Senior East Surrey Relays
Photo by Ray O'Donoghue

February 26: parkrun 5km, Roundshaw Downs, Croydon

1 Neil Reiland (unattached) 18:31. **HW:** 17 Martin O'Halloran 23:16 (71 finishers)

February 26: parkrun 5km, Exhibition Park, Newcastle-on-Tyne

1 Chris Parr (HW-2C) 15:20; 2 Kurt Heron (Loughborough Un) 16:43 (172 finishers)

February 26: parkrun 5km, Bushy Park, Teddington

1 Anthony Jackson (Sittingbourne Striders) 16:48. **HW:** 116 Barry King 22:31 (579 finishers)

February 26: parkrun 5km, Richmond Park

1 James Flood (Stragglers) 17:16. **HW:** 119 Julian Howard-Baker 26:11 (217 finishers)

February 26: parkrun 5km, Wimbledon Common

1 Lascelles Hussey (Herne Hill H) 17:47. **HW:** 10 Charles Hampden-Smith 20:40; 51 Charles Lawrie 23:41; 141 Clare Lyons-Collins 30:30 (163 finishers)

February 26: Imperial College Hyde Park Relays

Men (5.164km)

Fastest: Glenn Watts 15:12. **HW times:** Andrew Penney 16:01; Liam White 16:06; Rory McMahon 17:15; Sean Crummy 19:05; Stuart Littlewood 24:15; Dennis Williams 24:45; Ian Isherwood 28:10

Note: The above HW were appearing for an assortment of university teams

February 26: North of the Thames Championships, Fryent Country Park, Kingsbury Senior Men (8km)

1 Orlando Edwards (Shaftesbury Barnet) 27:15, **HW:** 75 Tom Morris 39:28 (91 finishers)

February 26: Kingston Borough Mini Marathon Trials, Bushy Park, Teddington

U17 Boys: 1 Oliver Garner (Tiffin S) 13:37. **HW:** 2 James Evans (Canbury S) 14:32

U15 Boys: 1 Tim Livingstone (HW/Tiffin) 12:47. **Other HW:** 4 Hamish Mould (Kings College S) 14:57

February 26: Thames Hare & Hounds Long Distance Handicap, Wimbledon Common

Fastest: 1 Nick Altmann 42:32. **HW:** 8 Ruth Clifton (2C) 50:15; 22 Richard Weston 90:53

February 26 (a)/27 (b): Surrey County AA Indoor Championships, Sutton Arena

Senior Men

60 (a): (heat 1): 5 Justin Wesley-Smith 7.94

LJ (a): 1 Cale Edmunds 6.80 (9th **HW all-time**); 3 Jonathan Grayson 6.33

U17 Men

60 (a): 1 David Pratt 7.17 (**In heat 1**): 1st 7.29 (**In s/f 2**): 1st 7.28

Senior Women

LJ (a): 1 Emily Martin 5.59

Congratulations: County Gold for Cale, David and Emily plus a bronze for Jonathan

February 26/27: British Masters Indoor Championships, Lee Valley

M65

1500: 1 Peter Giles 5:31.09

3000: 1 Peter Giles 12:01.93

And...double National Gold for Peter

February 27: South London 10km, Road, Wimbledon Common

1 Kojo Kyreme (Shaftesbury Barnet) 31:43. **HW:** 160 Annmarie Seymour 50:40 (414 finishers)